Reading assignment of The Supreme Awakening (pages 33-37)

Wholeness:

TM is a universal knowledge, the core tenets of Vedic wisdom influenced all the religion and traditions. The points of tenets are generally about existence, ego, purpose of life. All the religion and traditions have the same concept for those with different names. People often become lost in their religion for transcendence, but TM is just an effortless technique without belief, anyone and everyone can grow to enlightenment.

Supporting Main Points:

1. From those tenets, it is said that ‘One who knows other is intelligent. One who knows himself is enlightened’ in Taoism. It is said that ‘Behold, the kingdom of God is within you’ in Christianity…
2. People always chose a difficult way to the single-minded pursuit of transcendence, it is not an easy way to everyone.
3. Maharishi’s great work was to bring a simple, natural, scientific way to us to learn meditation, to reach transcendence.

Reflection:

In summary, we are lucky for learning TM. If we do not know TM, then to achieve the purpose of life, we need to do a lot effort under more and more stress, to be transcendence, maybe we need to walk away from home, to be more creative, we will try to do some other meditation. So we are lucky because of Maharishi’s great work.